Health in Housing

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Leaders in Health
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Service Area:

- Egleston & Jackson Squares
- Urban Edge housing supports provide service to residents in over 1,320 units of UE housing

Target Population:

- Low to moderate income renters (new and existing)
- Primarily black and/or Latino
- Age varies from young adult to elders

Programs:

- Benefit Screening
- Resident Resources
- Financial Capability
- Free Tax Prep
- SummerWorks
- Matched Savings
- Pre-K Readiness
Project Background

- Starting October 2017 to September 2018, Urban Edge will administer Health Impact Questionnaires (HIQs) to Urban Edge residents who are patients and then 6 and 12 month HIQs to measure impact.
- UE Community Engagement staff will also be trained to better address Social Determinants of Health while looking for signs of health issues (mental health, hypertension, Substance Abuse Disorder) when serving UE families

Housing Supports:

Basic Needs; Family Crisis; Hoarding; Property Management Issues; Youth Resources; Substance Abuse; Financial Capability; Education/Employment Utility Arrearage; Rental Arrearage
Aims & Target Population

Aim: To increase Urban Edge residents' access to physical and mental health care services and resources

Target Population
- Low to moderate income renters
- Black and/or Latino/a
- 20s-elderly
- Egleston & Jackson Square neighborhood

Examples of Stressors
- Self reported (trouble feeding family, affording housing, paying for medication, etc.)
- Clinical (PTSD, substance abuse, depression, etc.)
Key Activities & Outcomes

Activity
Hold 1-on-1 housing support meetings with residents

Short-Term Outcome
Increase in number of Residents with knowledge of Dimock health service

Long-Term Outcome
Improved self-reported health & wellness of Urban Edge residents
Logic Model

Inputs
- CE team
- Dimock team
- Marketing materials
- Salesforce database
- Grant funding
- Referral form

Activities
- 1on1 resident meetings
- Turkey Drive
- Direct referrals
- Dimock Outreach events
- UE Social Determinant Training

Outputs
- # of UE staff trained
- # of materials distributed
- # events held

Outcomes

Short-term
- Increase in residents educated about Dimock services

Intermediate
- Increase in variety of Dimock services used

Long-term
- Improved self-reported health & wellness

Direct referrals
Wellness activities

# of residents connected to Dimock
# of residents participating
# health surveys completed

↑ in residents utilizing Dimock services
↓ self-reported stressors
↑ wellness knowledge
↑ physical activities
↓ housing stressors
↑ resident to resident word of mouth referrals
↓ of return of residents with same issue
↑ housing stability
↑ self-reported health & wellness
Initiative - Resident Housing Support

Health Equity Framework
UE Community Engagement team will be trained by Dimock on identifying social determinants of health.
Key Strategies
Short & Long Term Action Steps

Initiative

1. Hold housing support meetings with residents in order to fulfill goal of addressing health needs of residents

Key Strategies

Educate & Communicate

Participant Involvement

Facilitate & Support

Action Steps

Short Term:
1. Design referral forms for Community Engagement team
2. Educate residents about services offered at Dimock
3. Identify residents in need of health related services & make referrals

Long Term:
1. Conduct six month follow up health impact survey
2. Identify health resources to share with residents
3. Review & Evaluate health impact data
Conclusion

Ultimately, the data collected from residents at initial meetings, six month & twelve month follow ups will inform our work as we continue to measure the impact our housing supports have on the health outcomes of our residents.

Through outcome evaluation we will assess our program or effectiveness to determine if we are meeting our goals.

Best Lesson Learned: Ways to include more Community Based Research in to current project and upcoming project

Most Enjoyed: Conversations & Feedback
Thank you