This nomogram results from tests carried out by Dr. S. Godfrey and his colleagues on a sample of 382 normal boys and girls aged 5 to 18 years. Each child blew 5 times into a standard Wright Peak Flow Meter and the highest reading was accepted in each case. All measurements were completed within a 6-week period. The outer lines of the graph indicated that the results of 95% of the children fell within these boundaries.

NORMAL VALUES OF PEAK EXPIRATORY FLOW