Dear SBS community:

As the days grow shorter and the leaves turn color, my thoughts turn to TWO things you should all be doing, namely,

(1) Get your flu shots today. As you know, last year’s flu season was one of the deadliest in years. This year’s vaccine is *quadrivalent* – yes, you get protection from four strains for the price of one shot in the arm (actually it’s free). So stop procrastinating & get protected!

(2) Get a light box & treat yourself to some light therapy, especially if you’re like me & start to feel a bit blue as the day length grows shorter. Bathing in 10,000 lux for 30 minutes after you wake up does the trick. Our puppy dog loves it (see pic.)

Naturally, I would prefer to forget about the coming winter and look forward to the spring. To that end, I would like to alert you to some exciting new Spring courses added to our Department:

- WGH 201: Reproductive Health, Rights and Justice taught by Elizabeth Janiak
- SBS 202: Child Psychiatric Epidemiology taught by Henning Tiemeier
- SBS 203: Program Planning and SBS 204: Program Implementation and Evaluation both taught by Rebekka Lee

Enjoy the fall, and don't forget to VOTE on November 6th!

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**Student Spotlight**

**Estivaliz Castro** is a second year HSB-65 student interested in program planning, implementation and evaluation. In this Q&A she shares her experiences as a participant of the American Evaluation Association - Graduate Education Diversity Internship (GEDI) and as a teaching assistant in the Leaders in Health program offered at the Harvard T.H. Chan School.

[Read the Interview]
Arrivals

Jaime Mchunu has joined the Department to serve as the new administrator for the Lee Kum Sheung Center for Health and Happiness. Jaime has worked as an administrator and program manager with a number of organizations, including here at Harvard with the Defeating Malaria Initiative. Jaime has a Masters degree in Development Studies from the University of KwaZulu-Natal in South Africa and has deep experience with program management, cultivating collaborative relationships with relevant partners, and translating research findings for multiple audiences including students and the general public. As our new administrator, Jaime will be managing all aspects of Center operations and working closely with the Center directors.

Awards & Honors

Multiple SBS faculty members were nominated for the 2018 Outstanding Postdoc Mentor Award including Kirsten Davison, Laura Kuzanzsky, Glorian Sorensen, SV Subramanian, and Vish Viswanath - this is the most faculty nominated from any single department; >30% of all nominated faculty were from SBS!

Felton Earls, Professor of Human Behavior and Development, Emeritus, was the recipient of two recent awards: the 2018 Frances Bonner Award, Department of Psychiatry, Massachusetts General Hospital (October 4, 2018) and the 2018 Leon Eisenberg Award, Boston Children’s Hospital (October 17, 2018.)

Research!America has named David R Williams the 2019 recipient of the Herbert Pardes Family Award for National Leadership in Advocacy for Research. Research!America is the nation’s largest nonprofit public education and advocacy alliance working to make research to improve health a higher national priority.

Marie McCormick: The Department celebrated both the long-standing training program in Maternal and Child Health (MCH), and the career of Dr. Marie C. McCormick with an afternoon symposium
on September 27, 2018. Speakers addressed both the long history of MCH at the Harvard T.H. Chan School of Public Health, as well as the likely directions for the future. They also placed Dr. McCormick’s contributions into this historical stream. Watch a special video montage honoring Dr. McCormick!

Presentations

**David R Williams** will be the Opening General Session Keynote Speaker at the American Public Health Association 2018 Annual Meeting.

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**Cradock AL**, Jeffrey J, Case S. *Improving population health and reducing disparities in obesity: Cost-effective strategies to promote health equity*. 12th Annual Southern Obesity Summit. Charleston, WV. (October)

**Cradock AL**. *Childhood obesity policy solutions: Findings from the CHOICES Project*. The Obesity Society’s Annual Scientific Meeting. Nashville, TN. (November)

**Gortmaker SL**. *Improving translation of research to policy and practice: Consideration of effectiveness, reach, cost, and cost-effectiveness*. The Obesity Society’s Annual Scientific Meeting. Nashville, TN. (November)


**Rebekka M. Lee**, ScD, Jessica L. Barrett, MPH, James Daly, Rebecca Mozaffarian, MS MPH, Catherine M. Giles, MPH, Angie Cradock, ScD and Steven L. Gortmaker, PhD *Training models for Implementation of Nutrition and Physical Activity Promotion*


### Publications


**Krieger N.** Huynh M, Li W, Waterman PD, Van Wye G. Severe sociopolitical stressors and preterm births in New York City: September 1, 2015-August 31, 2017. *J Epidemiol Community Health* 2018 (Oct 17); [http://dx.doi.org/10.1136/jech-2018-211077](http://dx.doi.org/10.1136/jech-2018-211077)

### Events

**Immigration policy, separation of families with Jack Shonkoff**

*Mon, Oct 29, 1:00-1:50pm in Kresge G2*

Join the MCH concentration for their weekly seminar series.

**Reproductive health with Judy Norsigian Co-Founder and Chair of Our Bodies Ourselves**

*Mon, Nov 5, 1:00-1:50pm in Kresge G2*

Join the MCH concentration for their weekly seminar series.

**WGH post-election breakfast**

*Wed, Nov 7, 9:00-11:30am in Kresge 708*
Challenges and Opportunities in American Indian/Alaskan Native Health
Wed, Nov 7, 1:00 - 1:50pm, FXB G13
Dennis Norman, Faculty Chair of HUNAP will provide an introduction to the salient issues and efforts through his Nation Building II course for hands-on projects to address health inequalities and inequities.

Effects of exposure to media coverage on cannabis on support for legalization, attitudes and cannabis use with Dr. Nehama Lewis
Fri, Nov 9, 1:00 - 1:50pm in Kresge G2
Lunch will be provided. Please RSVP by November 2: https://tinyurl.com/drlewislecture

Political Sociology and the People’s Health book talk with Jason Beckfield
Fri, Nov 16, 1:00-1:50pm in FXB G12

Behavioral Economics with Margaret McConnell
Mon, Nov 26, 1:00-1:50pm in Kresge G2
Join the MCH concentration for their weekly seminar series.

Women leading action against climate change with Gina McCarthy
Thurs, Nov 29, 1:00-1:50pm in Kresge G2

Maternal and Infant Health with Neel Shah
Mon, Dec 3, 1:00-1:50pm in Kresge G2
Join the MCH concentration for their weekly seminar series.

Global Newborn Health with Anne Shee CC Lee
Mon, Dec 10, 1:00-1:50pm in Kresge G2
Join the MCH concentration for their weekly seminar series.