The Women, Gender, and Health Interdisciplinary Concentration welcomes Dr. Anjali Capila for a talk on her participatory research with the Kumaoni women of the Indian Himalayas. Dr. Capila’s qualitative research focuses on folk songs as vehicles of social change and women’s empowerment. The work provides unique insights into the traditional health practices that inform today’s generations of women. Dr. Capila has served as associate professor of Communication Systems and Media Planning and Advocacy at Lady Irwin College at the University of Delhi and as Program Officer for Adolescents in the International Planned Parenthood Federation South Asia Regional Office. She remains deeply involved with rural and semi-urban communities of the Kumaoni women. She has authored two books, “Images of Women in the Folk Songs of Garhwal Himalayas” (2002), and also “Traditional Health Practices of Kumaoni Women: Continuity and Change” (2004).

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