Concrete ways you can assist Boston communities bearing the brunt of COVID-19
Compiled by Courtney White

- **Sign up to be a Boston “Good Neighbor”** and deliver food or check-in via phone with those at-risk and/or isolated: [https://www.nesterlygoodneighbors.com/](https://www.nesterlygoodneighbors.com/)
- **Help deliver groceries, distribute food at local schools, or donate** to organizations rescuing and delivering food:
  - Rescuing Leftover Cuisine - [https://www.rescuingleftovercuisine.org/massachusetts](https://www.rescuingleftovercuisine.org/massachusetts)
  - Food for Free - [https://foodforfree.org/volunteer/](https://foodforfree.org/volunteer/)
  - Project Bread - [http://support.projectbread.org/site/TR?fr_id=1400&pg=entry](http://support.projectbread.org/site/TR?fr_id=1400&pg=entry)
  - Greater Boston Food Bank - [https://www.bostoncares.org/gbfb](https://www.bostoncares.org/gbfb)
- **Help East Boston and Chelsea residents** by delivering food or calling to check-in *(Spanish fluency in high demand)*, or donate to support the production of 3D-Printed PPE by the Maverick Landing Community Center’s Makers Market: [https://mlcsboston.org/](https://mlcsboston.org/)
- **Purchase and donate new clothing, PPE, and hand sanitizer for agencies serving homeless populations**
  - Boston Health Care for the Homeless
    - [https://www.bhchp.org/our-ppe-needs](https://www.bhchp.org/our-ppe-needs)
    - [https://www.bhchp.org/covid-19-amazon-wish-list](https://www.bhchp.org/covid-19-amazon-wish-list)
- **Donate to the Boston Resiliency Fund**: [https://www.boston.gov/departments/treasury/boston-resiliency-fund](https://www.boston.gov/departments/treasury/boston-resiliency-fund)
- **Donate to the One Chelsea Fund**: [https://unitedwaymassbay.org/covid-19/local-funds/chelsea/](https://unitedwaymassbay.org/covid-19/local-funds/chelsea/)

You can also visit the [Human Network Initiative](https://www.humannetworkinitiative.org) or the Boston [COVID-19 Community Care spreadsheet](https://docs.google.com/spreadsheets/d/1P44L7QkM75wM7j9W92QGQm7Z9zvR4Gy4/edit?usp=sharing) and find other ways to help out in your own towns and communities!