**Public Health Safety Check List for Air Travelers During Covid-19**

These precautions significantly mitigate disease risk during air travel:

- Be aware of COVID-19 symptoms and don’t fly when positive. Be responsible.
- If you have been in contact with someone positive for COVID-19, then follow CDC recommendations about quarantine and testing before going out in public.
- As always, follow flight crew instructions while on board the aircraft.
- If a fellow passenger is not wearing their mask, politely ask them to do so for the benefit of others, or call a flight attendant. Likewise, alert a flight attendant if someone is symptomatic.
- Wear masks at all times during your travel, except very short times to eat or drink.
- Keep hydrated during long flights, drinking prudently by briefly moving your face mask.
- Maintain six-foot distance before and after boarding the plane, including on the jet bridge.
- Keep reasonable distance onboard when stowing and removing overhead luggage: avoid congestion in the aisles throughout the trip.
- Maintain sanitary conditions. Although disinfected by cleaning crews, keep tray tables, arm rests and other high touch areas clean.
- Wash/Sanitize hands regularly and avoid face touching - in particular eyes, nose and mouth - while seated and during and after bathroom use.

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