



INCLUDES  
two 30-minute  
personal training  
sessions  
each month

**DO IT  
FOR YOU**

# NEW VIRTUAL Membership

BODYSCAPES



FITNESS

# \$42/month

## HMS Employees Receive:

A discounted HMS rate, all our live virtual classes offered each week, **two 30-minute personal training sessions** each month (a \$125 value) and access to our library of workouts you can do yourself at home.

If you're not yet ready to come into the gym let us bring some of the gym to you! Let our awesome personal trainers give you a great workout, create a fitness plan to meet your goals and keep you motivated and on track with your fitness routine from the privacy of your home. For more information [click here](#).

**Be one of the first 25 to sign up and receive 1 additional 30 min personal training session.**

[WWW.BODYSCAPESFITNESS.COM/VIRTUALMEMBERSHIP/](http://WWW.BODYSCAPESFITNESS.COM/VIRTUALMEMBERSHIP/)