Welcoming new faces

Orientation for new students is August 27-31. Learn more

The best diet? One you can follow

"Is there a magic bullet to losing weight? Probably not," said Eric Rimm, associate professor in the departments of epidemiology and nutrition at HSPH and director of the Program in Cardiovascular Epidemiology. In the fourth of HSPH's summer Hot Topics lecture series, held July 31, Rimm provided advice for those wanting to lose some pounds. Read more

HSPH researchers help Israel stamp out tobacco

Attendees at the first Israeli Conference on Tobacco or Health earlier this summer hoped to "make tobacco history" in the country, and they appear to have political will behind this goal. With the help of HSPH's Greg Connolly (pictured) and his colleagues at the Center for Global Tobacco Control, a comprehensive reform package including advertising restrictions, price increases, and cessation aid was passed into law last year. Public opinion polling now shows support for restrictions on smoking in public places and the Ministry of Health's Director General Ronni Gamzu has vowed to continue the fight to denormalize tobacco use. Read more

Research news and interviews

Researchers identify 43 top public health strategies, from better playgrounds to higher tobacco taxes

Government policies that make healthy foods more accessible are a crucial weapon in reducing obesity, according to a new study that is the most comprehensive list of strategies and interventions for improving population health ever compiled. The research was led by HSPH's Ashish Jha, C. Boyden Gray Associate Professor of Health Policy and Management, and his colleagues. The paper, published in the journal Health Affairs, identifies 43 government policies that can improve the nation's health and save money for taxpayers. Read more

An Ounce of Evidence

Ashish Jha, C. Boyden Gray Associate Professor of Health Policy and Management, launched a new blog that brings data to discussions about health policy issues.

Health Stew

Prof. John McDonough tackles the hot topic of Medicare in the presidential race in the latest entry of his blog on Boston.com.

Event highlight

The Burden of CVD in Argentina and Cost-Effectiveness
affordable, local environmental improvements that make streets more walkable, and media campaigns that promote healthy lifestyles are among the menu of 43 effective public health strategies identified in an American Heart Association (AHA) scientific statement published online August 20, 2012 in *Circulation*. Dariush Mozaffarian, associate professor in the Department of Epidemiology, chaired the statement writing group.

Studies explore micronutrients' effects in pregnant women and their children
Micronutrients like vitamin B6, zinc, and iodine, when given to pregnant women, significantly improve their cognitive ability and boost their children's motor and cognitive skills, according to two new studies by HSPH researchers and their colleagues. The studies also show that micronutrients' positive effects are even more pronounced in pregnant women who are either undernourished or anemic.

Blood type linked to heart disease risk
People with blood types A, B, or AB have a higher risk for coronary heart disease than people with blood type O, according to a new study by HSPH researchers. Those with the rarest blood type, AB, had the greatest risk.

Medicaid battle heats up on campaign trail

Impact of fluoride on neurological development in children

New tool predicts which doctors most likely to face patient complaints

Federal payment changes may harm hospitals serving poor

Impact of hospital rankings eyed

Abortion legal in Mexico City, but restrictions remain in rest of nation and many Latin American countries

Where do we stand in the fight against AIDS?

Malaria parasite genome provides clues on malaria drug resistance

Funding, political support critical for polio eradication

HSPH research pinpoints strategy for monitoring antiretrovirals' effects on children of HIV-infected mothers

Bird flu research needs broader discussion