Watch September 6 Live Webcast

DISASTER RESPONSE: A Decade of Lessons Learned Post-9/11

Watch Live Webcast Tuesday, September 6 at 3:30 PM ET

MODERATOR
HSPH's Jennifer Leaning

EXPERT PARTICIPANTS
HSPH's Isaac Ashkenazi and Stefanos Kales, and other invited experts.

Submit questions for the expert participants before or during the live webcast to theforum@hsph.harvard.edu.

Red meat linked to increased risk of type 2 diabetes

A new study by Harvard School of Public Health researchers finds a strong association between the consumption of red meat--particularly when the meat is processed--and an increased risk of type 2 diabetes. The study also shows that replacing red meat with healthier proteins, such as low-fat dairy, nuts, or whole grains, can significantly lower the risk. Read more

Hot Topics summer lecture series

Positive emotions may be good for health

Can positive emotions actually make you healthier? Laura Kubzansky thinks they can. Kubzansky, associate professor of society, human development, and health at HSPH, spoke

Research news
The Kiosk/HSPH Enewsletter - August 18, 2011

Protecting children from adversity key to healthy development
For years, state and national policy regarding early childhood has focused primarily on educational enrichment. That's all well and good, but it's not enough, HSPH Prof. Jack P. Shonkoff told an HSPH audience on Aug. 9. Read more

Boston high school students drinking fewer sugary beverages

Survey shows public wants early diagnosis of Alzheimer's

Depression linked to stroke risk in women

School obesity-prevention program may reduce medical costs