Recipes for a healthy Thanksgiving

Looking for a Thanksgiving side dish that's delicious and healthy? Try these new recipes from The Nutrition Source:

- Roasted Brussels Sprouts with Shallots and Walnut Oil
- Roasted Sweet Potatoes with Pecans
- Wild Rice with Cranberries and Cider

Researcher Looks for Links Between Neighborhoods and Health

The environments where people live and work may be linked to health, according to S.V. Subramanian, associate professor of society, human development, and health at HSPH and a researcher at the Center for Population and Development Studies. In a new study, he'll be probing health statistics for answers to such questions as how health outcomes change as people move around the country, and when healthy behavior is formed in children. Read more

New research

Heavy smoking during pregnancy boosts odds of criminal activity among adult children

Angela Paradis, research fellow in the Department of Society, Human Development, and Health, found that women in a study who smoked a pack a day or more during pregnancy had a 30% greater chance of having children who would grow up to be arrested as adults. Read more

Economic Downturn Takes Toll on Health of Americans with Heart Disease, Diabetes or Cancer, Poll Finds

A new poll shows that many people with heart disease, diabetes or cancer believe the economic downturn is hurting their health and will have further negative impacts in the future. Many Americans with these illnesses face financial problems paying for medical bills in this economy and most of these people do not believe the new national health care reform law will help them. Read more
**Around the School**

**Division of Policy Translation and Leadership Development appointments**
Miranda Danilloff Mancusi is the new director of administration.

Betty Johnson will join the division on January 1 as director of student and fellow experience.

**Faculty awards**
Gökhan S. Hotamisligil was awarded the 2010 Naomi Berrie Award for Outstanding Achievement in Diabetes Research, presented by Columbia University Medical Center. [Read more](#)

Joel Schwartz has been awarded a Doctor honoris causa from the medical faculty of the University of Basel Switzerland.

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**Did you know?**

**Got Extra Books? Donate them!**
Donate to the Prison Book Program through December 2. Place in receptacles in Kresge lobby, Office for Student Affairs, and the FXB Atrium.

What they're looking for: fiction, non-fiction, children's books, textbooks from the past 3 years. No books without ISBN codes, no magazines, no damaged books.