Innovative study documents changing health needs of African women
The health needs of a growing population of African women who are living longer — and having fewer children — are not being met, says Allan Hill, Andelot Professor of Demography.

HSPH researchers identify key mechanism in cellular growth process
A new study is the first to identify the primary mechanism controlling a metabolic process essential for cell growth and proliferation. This discovery may one day lead to new cancer treatments.

Using color-coded packaging, tobacco industry appears to have evaded FDA's ban on 'light' cigarette descriptors
Color-coded packaging still conveys the false and deceptive message that lights are safer than "regular" cigarettes, according to HSPH researchers.

Face masks recommended to help prevent flu transmission

March 14, 2013

Event Highlights

Get ready to Take the Stairs!
Save energy and get in shape for Spring by joining HSPH Eco-Opportunity’s Take the Stairs campaign. This year, participants will be “climbing” Mount Elbrus from March 25-April 19. Stay tuned for registration information.

Centennial Moments

Successes, stories, and surprising facts as the School approaches its 2013-2014 centennial.

Using color-coded packaging, tobacco industry appears to have evaded FDA's ban on 'light' cigarette descriptors
Color-coded packaging still conveys the false and deceptive message that lights are safer than "regular" cigarettes, according to HSPH researchers.

Face masks recommended to help prevent flu transmission

NYC jumbo soda ban overturned: HSPH's Walter Willett comments
Covering coughs and sneezes and washing hands may not be enough to keep the flu from spreading. The smallest particles exhaled by flu sufferers, which contain the most flu virus, evade these methods.

**Around the School**

**HSPH program fills training gap for nutrition researchers in India**

The Bangalore Boston Nutrition Collaborative's annual course is helping Indian nutrition researchers gain vital training.

**Nominate a Harvard Hero by April 1**

To be considered as a Harvard Hero, nominees must go above and beyond the expectations of their job, and produce outstanding results. Read more about the criteria and submit a nomination. New this year: Nominate a Green Hero.

**2013 HSPH Spring Challenge: Bicycle Safety: Boston and the World**

The HSPH Center for Public Health Leadership is seeking staff volunteers to serve as student team advisers or competition judges for the Spring Challenge, a school-wide, leadership and policy development exercise for students. The time commitment is two to four hours during the competition, which will be April 11-19.

**Performance Management training sessions**

Get tips on making the most of your performance review.

**Curvita training sessions**

Curvita is HSPH's new web-based system to manage faculty career information and training grant data. Sessions are open to all departmental staff who manage faculty CVs, biosketches, and/or training grants.

**One-on-one sessions with Fidelity**

Schedule an appointment on March 26 or 28.