Before you leave for Winter break

Don't forget to:
* Turn off lights
* Unplug chargers and power strips
* Turn off your computer
* Turn down heat
* Close blinds to help insulate windows

Have a wonderful break!

Guns and public health

The mass shooting at Sandy Hook Elementary School should galvanize Americans to view gun violence as a public health crisis, says David Hemenway, HSPH professor of health policy and author of "Private Guns, Public Health." Read an interview with Hemenway in the Harvard Gazette and listen to his recent appearance on WBUR's On Point.

New findings on mercury contamination and seafood

Mercury released into the air and then deposited into oceans is increasingly contaminating seafood, reports Elsie Sunderland, Mark and Catherine Winkler assistant professor of aquatic science, and colleagues from HSPH and other institutions. Read more

Comparing U.S., India health systems

The U.S. and India can learn from each other's health care systems, said Ashish Jha, associate professor of health policy at HSPH, and K. Sujatha Rao, a former secretary of health and human welfare in India, during a recent talk at HSPH. Read more