Harvard Longwood Campus
Shared Services Programming

Self-Care & Wellness

Managing Stress: SKY Meditation and Chair Yoga
Yoga for Every Body on the Quad
Fixing Our Broken Sleep
Carnaval Samba and Afro-Brazilian Dance
Work/Life Integration
Managing a Leave of Absence
Healthy Habits for Happy Holidays
Midday Reset Yoga
Managing Stress Through the Holidays

Professional & Interpersonal Development

Rising to the Challenge: Dealing with Difficult People
Conflict Resolution Strategies
How to Network at Harvard
The Art of Giving & Receiving Feedback
Email for Action
Project Management
Discover & Activate Your Purpose

Organizational Compliance

Goal Setting: Helpful Tips for Staff
Goal Setting Helpful Tips for Managers
Bystander Intervention
Flex Work Information for Staff
Flex Work Information for Managers
Understanding the I-9 Process
LGBTQ Inclusive Practices
Revised Independent Contractor Training
Flexwork Overview for Employees
Flexwork Overview for Managers

Life Essentials

Welcoming a Baby?
Home Buying Seminar

Register at trainingportal.harvard.edu

Questions? Please contact our team at: hlctraining@hsph.harvard.edu