HSPH Human Resources
Fitness Benefit List of Eligible Items and Criteria

The following fitness items and services are eligible for reimbursement for FY2013 (July 1, 2012 - June 30, 2013).

If an item or service is not listed, it will not be reimbursed during FY2013.

**Health or Athletic Membership** (HSPH Benefits-Eligible Individual or Family Membership)
- Private health club memberships (e.g. Boston Sports Clubs, Healthworks, Gold’s Gym, etc)
- Harvard facilities (e.g., Vanderbilt Hall Gym, Athletic Stickers)
- YMCA/YWCA membership

**The following items and services are not approved for reimbursement for FY2013:**
- Specialized clubs (eg. tennis, sailing, rowing, golf, rock climbing, etc.)
- Sessions with a personal trainer
- Exercise equipment
- Massage or acupuncture therapy
- Weight management fees
- Equipment maintenance, accessories, service plans
- Fitness apparel, accessories, shoes, boots, sneakers, etc.
- Gratuities
- Recreational items such as basketballs, baseballs, tennis balls, games, hula hoops, etc.
- Fitness instruction or class fees, including yoga
- Shipping and handling fees

The limitation to athletic club memberships is in keeping with the original intent of the benefit - to address the fact that employees of HSPH located in the Longwood Medical Area cannot as easily take advantage of the many health centers and facilities that are available in Cambridge. The fitness benefit was an attempt to "equalize" HSPH employees with those across the river. These changes to the List of Eligible Items have been put in place in order to yield cost savings for the School while continuing to make this important benefit available to our staff.

If you have any questions regarding the Fitness Benefit please contact Sarah Keeping, HR Assistant at skeeping@hsph.harvard.edu or refer to our Frequently Asked Fitness Benefit Questions.
HSPH Human Resources
Criteria for HSPH Fitness Benefit Receipt

Remember:

☐ Cash payments continue to be reimbursed for FY2013 (July 1, 2012 - June 30, 2013).

Standard Membership Payment (in club or online):
Copy of itemized receipt from health club or bank statement which includes:

☐ Date of payments
☐ Confirmation of membership at club
☐ Amount paid
☐ Type of payment (credit card, cash, check, or pay pal)
☐ Name of purchaser
☐ Health club name and phone number